



ANUWFC

FULL-TIME MAGAZINE

2022 EDITION



PRESIDENTIAL ADDRESS

TREASURER'S REPORT

COACHES' REPORTS

AWARDS LIST

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Dearest ANUWFC Players, Coaches, Committee, & Supporters,

We will try to keep this short and sweet as we know how long everyone has been waiting for this edition (sorry)!

What a year, what a club. Caught between two years of COVID and a very exciting future ahead of us with NPL, home/away games, and the 2023 FIFA World Cup, the 2022 season could have gone one of many different ways. But we are so incredibly glad it turned out how it did, and we hope this 2022 edition of the Full-Time Magazine reflects the hard work, talent, and good times our little club is (in)famous for!

Please enjoy this look back on the season that was, and on a personal note, want to express our endless thanks and gratitude for our committee and coaches. Without dedicating their countless (volunteered!) hours, we would not have fields, money, skills, culture, or football here at the ANU. It was an absolute honour for both of us to take out Royal Heart awards at this year's Presentation Night, and hope that we continue to uphold our club values as Emma moves onto the role of ANU Sport Liason and Charlotte steps down from the committee to focus on coaching (more like wrangling) her Sharkies. Only bigger things from here and see you in 2023!



Lots of love for you all (and for football),

Emma & Charlotte

2022 Communications Coordinator and Div 6 Team 11 "Charlotte's Sharkies" Captain

2022 General Representative, Div 6 Team 11 Coach, and Div 2 Team 4 Player

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2022 was the season earmarked as the one where everything was going back to normal. We hoped we could have a full season of football without the disturbances that the pandemic caused in the past 2 years which affected our ability to play and host all the social events we love. As the world got used to terms such as “living with COVID” and “COVID normal”, our club was able to pivot back to business as usual thanks to the time we spent preparing for it in the off-season.

Several months before trials started, the committee started to work with coaches to re-develop our trials process, taking into account the results of our end-of-year player survey where we heard from you that trials were too long. This feedback was particularly prevalent from players in the lower divisions as they were starting trials at the same date as everyone else and were the last to be selected, trialling from early February to late March and having only 1 or 2 weeks of training before the season started. In response to your feedback, we implemented the “Come & Try” sessions and the “squad-based” selections for divisions 4 to 6. Come and Try sessions meant that we were able to still offer an opportunity for our players to come to our fields to play some football to start getting their fitness and touch back, without the pressure for them to be there. Their trials only started later when the club was realistically able to select those squads (that is, once the other divisions were selected or very close to finalisation). This measure decreased the weeks of trials for divisions 4 to 6 by at least two weeks. We also adopted a squad-based selection to lower divisions; that means that we give more emphasis to friendship groups and the social aspect of football, rather than breaking teams apart every new year and starting from scratch.

We started these initiatives in recognition of the stress and anxiety that trials can bring to some players and that as a community club, we need to focus on our player's well-being above wins. We have also worked hard to make selections for all divisions a little faster, acknowledging improvements still can be made and that we will need to balance out a player's preference to play with their friends with the need for players to have an opportunity to move up divisions as their football skills grow, particularly as players move to higher divisions.

I want to acknowledge the hard work that coaches put into trials (and the season in general) and I invite all our members to find some time to do the same. Trials are incredibly hard on all involved, but coaches put in many hours above and beyond the trial sessions to select the squads, assessing sometimes hundreds of players. They are also there in rain (more often), hail, or shine at training sessions and match days supporting you and your team to improve, and have fun.

This season we also established the role of the Technical Director and the Technical Sub-Committee. The Technical Director (TD) role was created to provide advice to the coaches who may need some support in their coaching practice and to bring coaches together as a unit, developing group training and technical plans for how the club should play football and develop its players. The Technical Sub-Committee is made of the Technical Director, coaches representing different divisions, and a selection of committee members. The intent of the TD role has always been to be a person coaches could reach out to for technical advice. I think it is important that players feel that each season in the club they learned more than the season before. That is only possible via meaningful and respectful coach feedback, and via training sessions that target player improvement and/or the football needs of the squad. While all our coaches already do a great job with their squads sometimes coaches may need some extra help or even just a friendly ear to run some ideas by. After feedback from the coaches and committee, there will need to be some work done this off-season to refine the scope of the role and improve the executive oversight over the TD, developing a stronger governance model for the role. I believe this role, or a head coach role, is still very much needed in the club as committee members often do not have the technical expertise to help out coaches in their coaching practice.

This year we once again maxed out the number of squads that we could nominate for the Capital Football State League Competition, with two teams in each of the six divisions. With 12 teams in total and 210 players, our club is certainly a big-small club. While we are small in comparison to clubs that have Junior's and/or Men's squads as well, we represent approximately 20% of all players in the Women's competition. Due to our size and our history as the oldest female football club in the region (possibly in Australia) we also have a responsibility to advocate for the development of Women's football and increase female participation and the quality of the competitions we are part of. Our club has been actively advocating for our competition to adopt a "home and away" system and we are proud to have been successful this year in securing home and way for all divisions in the Women's competition from next season. This will allow us to play every second weekend at ANU, run a canteen and make some money from its sales, be able to play in better fields, and to start developing a real sense of home field advantage and home field pride.

My big thanks go to the whole committee (past and present) for the fantastic work done over the past 3 or 4 seasons advocating for this change, and for really sticking by our values and our vision of quality female football competitions and opportunities in the ACT. A special thanks must go to Alice McNeill and Claire Eaton who have demonstrated incredible leadership with this work in the club.

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I believe that closely aligned to our club mission to provide opportunities for female footballers to enjoy, participate, and develop their skills in football at all levels, is our decision to join the National Premier League Women's competition next season. The Community State League competition rules state that the Division 1 Premiers are eligible to join in the NPLW the following season under a promotion and relegation system between Division 1 and NPLW. By winning the premiership (and the championship), the Division 1 Team, under Coach Rob, has met this requirement. Joining the NPLW will represent additional work ahead for the new committee, particularly in the next 3-4 months, to make sure the club does not develop the toxic concept of "us" versus "them". We are all one club, and we are all part of the same community, a community founded on the idea of increasing female participation in football and the quality of the competitions we participate.

I believe that joining the NPLW is the logical next step for our club's growth and development, but it needs to be accompanied by measures that protect the club's culture. Some of the key things we should do are, for example, establishing a robust governance framework to make the club committee oversee the NPLW activities and finances, creating a realistic budget so that financial decisions are made in accordance with the club's capacity to contribute into NPLW but at the same time represents an amount that can realistically support the development of the NPLW players, having a strong push to advertise our club as a NPLW club and realising the sponsorship opportunities for the whole club, delivering a strong campaign to make sure that all our players see themselves as part of ONE club and making sure that our club values remain the same regardless of what squad a player play, and creating a small NPLW subcommittee with members of the NPLW squad who will be responsible for the operational needs of the NPLW side.

I think it is timely that our club will join the NPLW at a moment when women's football is booming worldwide and Australia is co-host of the 2023 FIFA World Cup. I hope our club can literally cash in on the many opportunities that will arise in the football industry due to a Women's World Cup at home.

This year I decided to leave the specifics of each team's achievements on the pitch to the reports prepared by each coach on their team, which you will find in the following pages of this publication. I just wanted to acknowledge and congratulate all our players for their fantastic work representing our club with pride on the field and off the field, being fair players, and working hard every Sunday for a win. I hope you all had fun while doing so and are as keen as I am to do that again next season.

This season we continued some of our initiatives from previous years:

We had our amazing Jasmine Law again as our Sports Trainer, supporting as many as 65 players during the season doing pre-match assessment for injuries and strapping. She has also assisted at least 10 players injured during their matches. Jas' work is unique and directly related to our club's commitment to player wellbeing. Jas has now graduated and is a qualified physiotherapist. While we are sad Jas is leaving the Sports Trainer role, we are very happy for her achievements and wish for bigger and brighter things ahead. My big thank you to Jas is for the tremendous amount of work she put in and for always being there providing us the care we needed. The club will work towards attracting a new Sports Trainer (anyone interested please reach out to the club committee!).

We also have been able to place a club referee in at least 50 games that CF was unable to find us a referee for this season. This could only be done thanks to Marcus who assisted us in accessing the pool of referees from ANUFC, to our own (growing) pool of club referees, and to players like Zan who always was able to assist us finding a referee when all the other options had been exhausted. This year we also delivered referee training to 12 of our members and we hope to have an even bigger pool of female referees to tap into when CF can't find us a referee. This referee training could only be achieved thanks to Bronte's amazing grant writing skills, which landed us an ACT Government grant this year for our club to develop female leadership in sport by training more female referees and coaches. We have also been able to offer two free C-Licence Coach Courses to our female coaches thanks to this grant.

The success of the club would also not happen without the work behind the scenes by our dedicated 13 committee members which together have put in many hours of work to make our club better. This season we have once again been extremely fortunate to have a passionate, engaged, and enthusiastic group of people working towards making the club better for you. I would like to extend my appreciation and gratitude to our 2022 committee members: Alice, Bronte, Charlotte, Chelsea, Emma, Josie, Maddie, Nicole, Risa, Rosa, Sophie, and Sarah. Without your energy, vision, humour, leadership, and love for the club and sport we would not have gotten where we are and would not have delivered: improvements in our socials and website (thank you, Emma), an expansive and fun social calendar (thank you, Sarah, Josie and all members of the social sub-committee), new cool jerseys that are modern and are not being discontinued anytime soon (thank you, Nic), registration of all our players on a timely manner and Dribl training for our coaches (thank you, Chelsea), on point field allocations and a strengthened relationship with ANU Sport (Thank you, Maddie), helping players with their insurance claims, listening, and resolving their

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complaints and feedback in a respectful and meaningful manner as well as overseeing many of our club's wellbeing initiatives (Thank you, Sophie and Charlotte). I want to give my special thanks to Charlotte Wen who is not only a player, a ring-in for other teams, a Division 6 coach, and an active committee member; she a wonderful human being and has time and time again demonstrated and lived by our club values of respect, inclusivity, empowerment, hard work, and fair play.

Thank you to our 2022 Coaches: Rob, Tom, Will, Su, Peter, Ash, Simon, Suban, Marcus, Karta, Charlotte, and our lovely team manager Kat for your incredible work this season, making a team out of us, teaching us how to be better players, and how to love football even more. You are a fundamental part of our community, and we love and appreciate each one of you. I would also like wish all the best for Coach Peter who is leaving after 3 great seasons with us. For all other coaches, see you in 2023!

Lastly, a huge thank you to you, all our players. Our club only exists because of our players, and for our players, so that you can play and enjoy football. Our club would not be as great as it is without each of you. I would like to invite all of you to celebrate yourselves, your team, and your coaches for this season and the next.

2022 is my last year as President. After 6 years in the committee, 5 years in the executive, and 2 consecutive years as President, I feel it's time for me to retire as club administrator and to give the opportunity for a new committee members to lead our club into a bright future. I am very thankful for all that I learned in these years. I am a better person because of you, ANUWFC.

See you all on the field real soon!

Laura "Lazza" Sant'Ana

2022 Club President & Div 5 Team 9 Player



TREASURER'S REPORT

The 2022 season seems to have gone so quickly. Thank you to everyone who played this season, to our coaches who put so much time into the club, to our committee who do so much behind the scenes to keep everything running smoothly. and to our Social Sub-Committee who were able to run events throughout the year after many were unable to go forward over the last two seasons.

I would like to say a big thank you to ANU Sport who have supported our Club with \$13,978.80 in grant funds and field subsidies this season. I would also like to say a special shoutout to our sponsors; Hellenic Club, Capital Clinic Physiotherapy, and Ford Peterson, who have supported us throughout this season by providing event spaces, prizes, and cash funding which are invaluable to our club. Hellenic Club have also gone above and beyond by providing weekly Player-of-the-Match vouchers valued at approximately \$50 for each of our teams.

Our 2022 Season has resulted in ANUWFC incurring an overall loss of \$42,346. Summer 9s profit is currently estimated at \$30,165 although expenses are likely to be overestimated and a greater profit realised. The Men's Club is managing the Summer 9s finances this season as we have managed in previous seasons, so we currently only have an estimate of these profits.

While fees increased marginally from the 2021 to 2022 seasons (\$25 for students and \$45 for non-students), our other fees have been increasing as well, such as field hire increasing by \$8,000 from 2021 to 2022 and the club purchasing new kits at a cost of \$11,341; although this is not an annual expense.

Looking to the 2023 season, we are expecting to be accepted into the NPL next year. In this case, we are expecting to be able to bring on board additional sponsors to fund this endeavour. The Women's World Cup will be coming to Australia and it's a great time for local businesses to show their support for Women's sports, particularly soccer. So if anyone has connections with local businesses that would like to sponsor ANUWFC, please reach out so that we can continue to build our support network and pursue growth.

Bronte Hunter

2022 Treasurer & Div 1 Team 2 Player

Farewell

to our 2022 ANUWFC committee...

PRESIDENT

Laura Sant'Ana

VICE PRESIDENT

Risa Kuroguchi

TREASURER

Bronte Hunter

SECRETARY

Alice McNeill

ANU SPORT LIASON

Madeleine Dove

**COMMUNICATIONS
COORDINATOR**

Emma Stephens

**EQUIPMENT & MERCHANDISE
COORDINATOR**

Nicole O'Donnell

EVENTS COORDINATOR

Sarah Callinan

PLAYER WELFARE OFFICERS

**Sophie McGlynn
Charlotte Wen**

REGISTRAR

Chelsea Rolls

GENERAL REPS

**Josie Chantrell
Rosa Newton-Walters
Solbee Eun**

 Welcome

to our 2023 ANUWFC committee!

Alana Breed

VICE PRESIDENT

Aleka Serras

TREASURER

Chloe Gray

SECRETARY

Emma Stephens

ANU SPORT LIASON

Clare Butterfield

**COMMUNICATIONS
COORDINATOR**

**Bean Maclochlainn
Vanessa Sophocli**

EVENTS COORDINATORS

Roxie Swart

PLAYER WELFARE OFFICER

Chelsea Rolls

REGISTRAR

**Kristin McKinnon
Alice McNeill
Claire Joseph**

GENERAL REPS

DIVISON 1

TEAM 1

Charlotte GRANDY
Sofia FURLANETTO
Claire EATON
Pascale LA HEI
Emma DOUGLAS-OLIVEIRA
Alice MCNEILL
Clare MOLONY
Aoibheann MACLOCHLAINN
Tiana MALNAR
Georgie MCARDLE
Sheridan MCELLIGOTT
Ailish MCDONAGH
Isabella TOBIANO
Alexandra SERRAS
Shayma TAWHEEL
Roxie SWART
Talia WESTLEY

TEAM 2

Eliza BAKER
Grace BENNETT
Linley JENKINS
Edith FORDYCE-CROKER
Bronte HUNTER
Jasmine LAW
Madeleine DOVE
Holly EAGLESHAM
Madison GALLEGOS
Sophie MCGLYNN
Jane MAHAR
Millicent MOODY
Georgia LISTER
Chelsea ROLLS
Vanessa SOPHOCLI
Lisa SOMSOUK
Sukreeti VASAL ANAND

2022 SQUAD LISTS

DIVISON 2

TEAM 3

Niamh ARMSTRONG
Vienna BARKER
Lucy ATTKINS
Madison COX
Mia HUGHES
Chloe KANEY
Mia GARLAND
Elise PALETHORPE
Julia MANNING
Yasmin OSBORNE
Ellen LESSLIE
Xin Xin MCMAHON
Catherine MURPHY
Nicole O'DONNELL
Ashlyn PEDROTTI
Jodie ROSENBERG
Bridget SAN MIGUEL
Alison WIJNEN
Madeleine WILLETT

TEAM 4

Alana BREED
Ashleigh COOK
Charlotte BARRY
Ewy DE GUZMAN
Bronte GARCIA
Claire JOSEPH
Kate HARGREAVES
Solbee EUN
Chloe GRAY
Aimee GRIFFITHS
Scout HOLLYMAN
Eloise TAYLOR
Maika VAN DER ENG
Sophie RODDA
Ashleigh THOMSON
Vanessa RITCHIE
Charlotte WEN

DIVISON 3

TEAM 5

Sarah BREDEBUSCH
Otilie ALLEN
Dorcasse BUGEME AKONKWA
Maya FELICE
Laura FERGUSON
Taylor HOADLEY
Amber LENNOX
Jamila NOORE
Sam REINHARDT
Gemma RITCHIE
Isabella SEDLEY
Nikita REINHARDT
Yangchen TSHOKO
Catharina SCHRANZ
Ella WOOLBANK
Lily WADE COLLINS
Rosa WILLIAMS

TEAM 6

Emily BRAUN
Michelle DE RUYTER
Dakota COMINO
Penelope BAUDER
Christina CURREY
Madeleine BESSELL-KOPREK
Charlotte FLETCHER
Ella KIDD
Emma FITZGERALD
Adelaide HAYES
Sarah MEREFIELD
Charlotte MCKENNA
Emma SAUNDERS
Nicole VONARX
Minwei XIE

2022 SQUAD LISTS

DIVISON 4

TEAM 7

Clare BUTTERFIELD
Hannah AMANN
Sharon DALLA COSTA
Holly BURKE
Suzanne BRIDGMAN
Lauren DAVY
Sarah EVERETT
Leah DWYER
Natasha MAVEC
Lauren SPRING
Dhigna RUBIANO
Jacqueline PHAM
Cecilia TRAN
Kate STORK
Merissa VAN SETTEN
Amelia WOODS

TEAM 8

Josie CHANTRELL
Natalya CATZIKIRIS
Sarah CALLINAN
Sarah BIGGINS-GILCHRIST
Kate IVES
Matilda JUREIDINI
Roisin LAFFERTY
Caitlin HOSKING
Rosie HOSKING
Ellen HANSEN
Risa KUROGOCHI
Rin LY
Kristin MCKINNON
Alivia OPIE
Rebecca PHILLIPS
Amber SEQUEIRA
Laura TROBBIANI
Gigi WONG

DIVISON 5

TEAM 9

Ava BUCHEN
Harriet BOWEN
Nora ABDALLA
Ava COREY
Jane HOWELL
Casidhe GOLDSWORTHY
Madeleine FORNER
Therese FAULKNER
Nicole NICHOLSON
Samantha MEIN
Jessica LOVATT
Bethany MILES
Bree MCFADYEN
Laura SANT'ANA
Soumya SHARMA
Rebecca SMITH
Isha SINGHAL
Bethany WRENN

TEAM 10

Virginia DEAKIN
Caitlyn CUTLER
Zoe BEHRENDT
Rebecca DICKSON
Zoe JEWELL
Kirsten LITTLE
Saffron LOWE
Connor MCRAE
Charlotte MCLOUGHLIN
Jessica MIKO
Amber PERRY
Rebecca PHILIPPA
Brianna POWELL
Isobel SAMBRIDGE
Olivia ROBBINS
Rose THOMPSON
Emma STANNARD

2022 SQUAD LISTS

DIVISON 6

TEAM 11

Iris CAVALERIE JOHNSON
Hannah BULIE
Natasha CASTELLINO
Zoe CLARKE
Isabelle JONES
Grace HARVEY
Francesca MOOR
Seh MEH
Taylah PATHER
Prattana PANTAD
Emma STEPHENS
Claire STANTON
Zhaoyang SHENG
Jahnvi SAMPRATHI
Emma SCOTT
Maddie VAUGHAN
Aisha WOOD-AMIN

TEAM 12

Lily BRATOVIC
Grace COOPER
Anika DOLPHIN
Chloe CONWAY
Alannah AMET
Jesika CANE
Su KIM
Ruby LEE
Rowan MCGINNESS
Isabelle LO
Annabelle NSHUTI
Kristine PAN
Holly MCGINNESS
Emily TEOH
Samantha SYLIVRIS
Ellora SIVA
Mia SMITH
Xinyi ZHANG



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